

## Winter Week 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereals Toast and Jam	Bacon and Egg Toast and Jam	Cereals Toast and Jam	Porridge Croissants	Cereals Toast and Jam	Scrambled Eggs Toast and Jam
	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	10am Morning Coffee & Tea + Biscuits					
Lunch	Roast Pork and Apple Sauce Roast Potato Creamed Potato Cauliflower & Peas Soup or Sandwiches	Cornbeef Hash Beetroot and Peas Liver & Bacon Cass Boiled Potatoes and Broccoli Soup or Sandwiches Apple & Blackberry Cobbler & Custard	Beef Stew, Dumplings, Mixed veg & Potatoes  Chicken & Mushroom Pie, Chips and Peas Soup or Sandwiches Mandarin Cheesecake	Lancashire Hotpot and Red Cabbage Toad in the Hole Creamed Potatoes, Carrots & Onion Gravy Soup or Sandwiches Apple Crumble and Custard	Lamb Grillsteaks Sauteed Potatoes and Peas Shepherds Pie and Mixed Veg. Soup or Sandwiches Semolina Pudding and Apricot Jam	Minced Beef Pie Chips and Peas Battered Cod, Chips and Mushy Peas Soup or Sandwiches Blackcurrant Pie and Cream
		2pm Afternoon Tea Coffee + Biscuits				
Tea	Chicken Soup Bread and Butter	Sandwiches Crisps and Sausage Rolls	Poached Egg on Toast and Tinned Tomatoes	Cheese and Onion Pie and Beans Bread and Butter	Pasta Bake and Garlic Bread	Bacon Hotpot and Crusty Bread
	Madiera Cake	Jam Swiss Roll	Banana Mousse	Malt Loaf	Parkin Cake	Raspberry Buns
Supper	Toasted Teacakes Biscuits	Cheese & Crackers Biscuits	Toasted Crumpets Biscuits	Assorted Sandwiches Biscuits	Pork Pies and Sausage Rolls Biscuits	Scotch Pancakes Biscuits
	Drinking Chocolate Tea and Coffee	Horlicks Tea and Coffee	Ovaltine Tea and Coffee	Drinking Chocolate Tea and Coffee	Horlicks Tea and Coffee	Ovaltine Tea and Coffee

## SATURDAY

Cereals  
Toast and Jam

Tea and Coffee

Sausage, Mash  
and Beans  
Beef Burger  
Chips and peas

Soup or  
Sandwiches  
Fruit Cocktail  
and Ice Cream

Jacket Potatoes  
and Various  
Fillings

Chocolate Slices

Sardines +Toast  
Biscuits

Horlicks  
Tea and Coffee