

Winter Week 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled Eggs Toast and Jam	Cereals Toast and Jam	Porridge Toast and Jam	Cereals Toast and Jam	Bacon and Egg Toast and Jam	Cereals Toast and Jam
	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
10am Morning Coffee & Tea + Biscuits						
Lunch	Roast Beef and Yorkshire Pudding Roast Potato Creamed Potato Carrots & Turnip Sandwiches or Soup Rhubarb Crumble and Custard	Spaghetti Bolognese Meat and Potato Pie chips+Peas Sandwiches or Soup Spotted Dick and Custard	Fried Eggs Chips and Baked Beans Chicken In Sauce Mash & Mixed Veg Sandwiches or Soup Manchester Tart	Chicken Korma and Rice Sausage Casserole Potatoes & Broccoli Sandwiches or Soup Lemon Meringue Pie and Cream	Sweet and Sour Pork Steaks Potato Fritters & Peas Cheese & Onion Pie Chips and Beans Sandwiches or Soup Chocolate Sponge and Custard	Pork Casserole mixed Vegetables Battered Haddock Chips and Peas Sandwiches or Soup Strawberry Gateau and Cream
	2pm Afternoon Tea Coffee + Biscuits					
Tea	Sandwiches, Quiche and Sausage Rolls Vanilla Choc Ices	Thick Veg. Soup Bread and Butter Butterfly Cakes	Cheeseburgers and Ovene Chips Sultana and Walnut Loaf	Pasta Bake Bananas and Chocolate Mousse	Scrambled Eggs and Beans on Toast Peaches and Carnation Milk	Shepheds Pie Peas and Gravy Crème Caramel
	Pork Pies and Sausage Rolls. Biscuits Ovaltine Tea and Coffee	Potato Cakes Biscuits Horlicks Tea and Coffee	Assorted Sandwiches Biscuits Drinking Chocolate Tea and Coffee	Scotch Pancakes Biscuits Ovaltine Tea and Coffee	Cheese and Crackers Biscuits Horlicks Tea and Coffee	Toasted Teacakes Biscuits Drinking Chocolate Tea and Coffee
Supper						

SATURDAY

Porridge
Toast and Jam

Tea and Coffee

Steak & Kidney Pie,
Potatoes & Carrots

Grilled Lamb, Saute
Pots & Minted Peas
Sandwiches or
Soup

Bakewell Tart
and Custard

Bacon , Egg and
Tomato
Bread and Butter

Sultana Scones

Toasted Crumpets
Biscuits

Horlicks
Tea and Coffee